

## Problems and Reform Measures of Music Aesthetic Education in Higher Vocational Education

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**Abstract:** With the rapid development of our society, the competition of talents is gradually fierce. In the process of talent competition, more and more enterprises care about the comprehensive quality of talents. The requirements of all walks of life for the comprehensive quality are also increasing. Music can not only express emotion and cultivate sentiment, but also effectively develop image thinking. In higher vocational colleges, music aesthetic education effectively trains the comprehensive quality of students and cultivate more excellent high-quality talents for the modernization of our country. The author analyzes the topic of music aesthetic education in higher vocational education, and put forward effective strategies based on practical experience for reference.

### 1. Introduction

In order to meet the needs of social market economy and focus on training higher vocational and technical personnel, higher vocational colleges have set up corresponding educational institutions and expanded the educational scale. In our modern country, talents are not only required to have a certain degree of understanding of corresponding skills, but also comprehensive quality. Therefore, to respond to the call of the society and cultivate quality-oriented talents, teachers are expected to properly introduce quality education in the process of teaching. In quality education, music education turns to be a vital part. Having certain musical art ability and quality cultivation has become an indispensable quality for comprehensive talents in the society. In carrying out aesthetic education activities, music education is one of the main means, which will effectively promote students to become high-quality talents, as well as improve their thinking ability and aesthetic concept. Music is a special language. Music education itself is different from other teaching subjects, playing a unique role in teaching. It can promote students' all-round development, cultivate students' sentiment in the beauty of music, improve their own aesthetic point of view, and make every higher vocational student become a high-quality talent needed by the society.

### 2. Importance of Music Aesthetic Education in Higher Vocational Colleges

Music activity is not only the expression of thinking emotion, but also the expression of social image. The value of aesthetic education lies in that students are able to achieve a comprehensive and free development. By forming aesthetic ideas, students are capable of using the law of beauty to make changes and creating beautiful things. The purpose of music aesthetic education in higher vocational colleges is to train students to develop in an all-round way and promote them to become comprehensive talents needed by the society. With the continuous deepening of modern education reform, art education has become an indispensable part of college education. Music aesthetic education can not only cultivate students' aesthetic ability and emotional perception, but also help students to stay away from the erosion of vulgar culture, let them establish correct three values, inspire their hearts and minds, and let them get healthy physical and mental development.

## **2.1 Cultivate Students' Perception of Music and Stimulate Students' Emotion through Music Aesthetic Education**

From a certain point of view, music aesthetic education itself is the emotional education, which plays a subtle role, making students actively participate in the teaching content, and allowing students to achieve inspiration resonance through music. In the process of music aesthetic education, students' emotion will be expanded and extended, so that the natural emotion can be transformed into aesthetic emotion. Students' emotional world becomes richer. Their aesthetic ability and aesthetic thinking are to be improved comprehensively. In carrying out aesthetic education, mainly through the feeling of music itself, students' personal feeling is stimulated to produce passion, so as to cultivate sentiment and enlightenment. For example, in the process of developing music aesthetics, teachers are suggested to play a Bing's "The Moon Over a Fountain". Students will feel the stillness of the night, clear spring and cold moon as well as an old man faced with the dissatisfaction and resistance of the suffering life in the process of perceiving music. In emotional experience, students are able to effectively improve their aesthetic perception and aesthetic ability of music, so as to enhance their comprehensive emotions.

## **2.2 Cultivate Students' Aesthetic Perception of Music and Improve Students' Creative Ability through Music Aesthetic Education**

Music is an art of sound, which forms music image by using pitch, rhythm, timbre and other sound flowing in time as material means and regular sound activities. This kind of appealing and popular voice expresses people's feelings and comprehensive thoughts in the current situation. Through aesthetic activities, students can effectively combine their emotions with musical emotions to produce a certain resonance, so that they can experience emotion and artistic conception, improve their aesthetic ability in the process of perception, and then let their emotions be cultivated in the subtle way, which not only improves students' aesthetic ability, but also stimulates their creative ability. It makes students' emotional perception reach a certain level, and then let students become excellent talents who can understand art and appreciate beauty.

## **2.3 Cultivate Students' Aesthetic Interest in Music and Promote the Development of Students' Comprehensive Quality through Music Aesthetic Education**

In the process of music aesthetic education, the purpose is to cultivate students' comprehensive quality. Students' growing environment and learning level are different from each other, and there are certain differences in the things they touch, which leads to certain differences in students' aesthetic concepts and standards. In the world of beauty, different things have different beauty, and the same things also have many kinds of beauty. Therefore, in carrying out the activities of aesthetic education, it is essential to help students to build the aesthetic connection between music and reality, cultivate students' correct aesthetic taste, let them find different beauty from various angles, make them resist things that run counter to human nature, and promote them to become comprehensive quality talents. Through music education, aesthetic education trains students to know "the law of beauty" in the process of looking for beauty, examine beauty from various angles, choose "beauty" in the process of practice, and then achieve the unity of purpose and compliance. When talking about the education of music to human beings, famous foreign experts once said: "human beings have the character of meticulous nature and passion, which is manifested in that the things around make people feel more acute. With the help of music, people's ideas about the world around them and about the magnificent, noble and beautiful things in themselves are awakened. Music is a powerful means of self-education." Therefore, in the education of improving the comprehensive quality of higher vocational students, the application of music aesthetic education to promote the overall development of students is of certain importance.

## **3. Effective Measures of Music Aesthetic Education in Higher Vocational Colleges**

At present, there are some differences in the quality of students in higher vocational colleges.

The degree of music education they receive is also different. Some are born to love music, find their own emotions in music and sing skillfully. While some despise music education due to certain objective reasons. Their participation in music class is not high. Music teachers are required to take measures while respect this kind of difference, using favorable teaching conditions to reduce the differences among students. In addition, some students have a strong demand for music and are eager to improve their own character through music. However, it is difficult to achieve the effect within a short period of time. Some have strong demand for music but some despise music. This phenomenon poses a problem for the development of music aesthetic education. Therefore, in the process of carrying out aesthetic education, effective teaching measures should be taken, and targeted teaching strategies should be implemented to narrow the differences, comprehensively improve the aesthetic ability of students, and make students become quality-oriented talents with high standards based on their differences.

### **3.1 Use Excellent Music Works to Improve Students' Aesthetic Ability**

At present, there are some problems in students' understanding of the basic knowledge of music in vocational colleges. They have no interest in many music works, but have strong interest in pop songs. This is mainly due to the fact that students' real life emotion is more consistent with the form of popular songs, which are easier to be understood and accepted in the process of appreciation by students. Therefore, music teachers of higher vocational colleges should adopt appropriate teaching methods, expand students' vision through music of some nationalities and all over the world, and then improve students' appreciation level. Teachers are advised to take a guiding way to stimulate students' interest in national music and music around the world. Small stories can be adopted to guide students to produce interest in the teaching content, and make students actively understand the music content. In the process of understanding, students combine their own emotion and music emotion to produce a resonance, so as to improve the aesthetic ability and aesthetic judgment.

### **3.2 Improve Teachers' Aesthetic Quality and Build a Good Aesthetic Relationship between Teachers and Students**

Education is formed with the emergence of human beings. Therefore, in the process of social development, teachers need to change their cognition of education with the development of society, let the way of education meet the teaching idea of the new era, and take effective ways according to the actual situation. In the process of carrying out educational activities, the knowledge conveyed is not equal to the fixed content of teaching materials or historical knowledge. Educational content must be with the characteristics of the times, so that students are able to master the knowledge and apply it to modern life. Therefore, the teaching concept should change with the trend of social development, the teaching methods have to be developed according to the actual situation, and the teaching content must have the characteristics of modernity. In higher vocational colleges, high-quality music teachers are particularly important for the cultivation of students' aesthetic education. Teachers' emotional and perceptual psychological qualities of aesthetic activities are reflected in their observation and attention to beauty. Therefore, only when teachers have high-quality aesthetic consciousness can they actively discover the potential beauty and provide more aesthetic knowledge for students in aesthetic education. In real life, teachers are required to actively participate in aesthetic practice, deepen their understanding of art, and further improve their aesthetic perception and appreciation. Only in this way can they construct the aesthetic relationship between teachers and students, help students find beauty, improve aesthetic perception, and promote students' aesthetic ability.

### **3.3 Improve Students' Aesthetic Quality through Literature and Art Activities in Higher Vocational Colleges**

Higher vocational colleges are the second classroom teaching of aesthetic education in the process of establishing art associations or carrying out art activities. Art community has a strong vitality and obvious teaching effect. By participating in the community through students' own interests and hobbies, they will achieve personalized development. For example, guitar association,

music lovers association, various art competitions and other activities. All of them encourage students to participate in activities and assign teachers to provide guidance, thus improving the enthusiasm of students and promoting the improvement of students' music aesthetic quality. In the colorful campus cultural activities, students should be given more aesthetic practice activities. Based on interests and hobbies, students are guided to the elegant and civilized health track, so that they can vent and release their emotional pressure in the process of reference activities.

At this stage, students in higher vocational colleges are active in thinking and energetic with rich interests. Teachers are expected to guide students to actively and independently participate in campus activities based on their characteristics, which will not only cultivate students' aesthetic ability of beauty things, but also enable them to have a cognition of beauty in activities. In this way, students will discover and appreciate beauty in practice and turn form perceptual cognition to rational cognition. Therefore, teachers should actively encourage students to participate in college activities and art society, so that students can shape a sound personality in the process of participation, improve their ideological and moral character, achieve physical and mental development and become the quality talents needed by the society.

#### **4. Conclusion**

Music is formed with the emergence of human beings, which has played an important role in the development of human civilization. Music education can effectively arouse students' aesthetic feeling. Music aesthetic education is also an important process to improve students' aesthetic perception and aesthetic ability. It allows students to find beauty in things from various perspectives through their own perception of beauty so as to cultivate their ability to create beauty.

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